



1ST INTERNATIONAL WEBINAR ON BODY COMPOSITION

# BODY COMPOSITION AND MEASUREMENTS: PROS AND CONS “WHAT LIES UNDERNEATH?”

Date & Time: Friday, 24<sup>th</sup> July 2020; 9.30AM - 11.30AM MYT



**Speaker**

**Prof. Dr. Elaine Rush MNZM,  
Emeritus Professor of Nutrition**

Faculty of Health and Environmental Science  
Auckland University of Technology, New Zealand

**Moderator**

**Prof. Dr. Sazlina Shariff Ghazali**

Department of Family Medicine,  
Faculty Medicine and Health Sciences  
Universiti Putra Malaysia



**Media:**



Webex



Youtube Live

(<https://www.youtube.com/watch?v=NJJ-NrxYiKI>)



Facebook Live

(Malaysian Society of Body Composition)

## **History / Chronology of the Society**

- Mooted by the overwhelming positive feedback of 1<sup>st</sup> Scientific Seminar Body Composition and Nutrition
  - Universiti Putra Malaysia @ 5<sup>th</sup> July 2019
- September 2019: series of discussions took place
- Bond on 18<sup>th</sup> March 2020!
- Marked important milestone in the history of body composition in Malaysia

# Protem Committee of MSBC

## PROTEM COMMITTEE OF MSBC



**Prof. Dr. Chan Yoke Mun, PhD**  
**President**



**Assoc. Prof. Dr. Mahenderan Appukutty, PhD**  
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**Council Member**



**Mr. Mohd Rizal Md Razali, MSc**  
**Council Member**



**Ms. Patricia Pawa Atak Pili, MSc**  
**Council Member**

# Objectives



**To drive research and disseminate** accurate information on body composition.



To conduct **educational training on body composition** according to evidence-based practice



**To foster collaboration** with other professional bodies, government agencies and private sectors locally and internationally



**To promote dynamic networks** of health care professionals on body composition.



**Lists of Activities 2020-2021**



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# Training Workshop on Body Composition

Enhance the Skills in Body  
Composition Techniques for better  
Assessment and Monitoring

**December 2020**

# Technical Workshop on body composition

Importance of Body Composition  
Assessment in Addressing  
Nutritional Status in SEA region

March / April 2021





**1<sup>st</sup> AGM and  
Scientific Updates**

**9 October 2020**



[www.msbc.org.my](http://www.msbc.org.my)

**THANK YOU!**



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